

According to the [Washington State Department of Health](#) the state is in a dramatic fall surge in Covid-19 cases. **Cases per day in the past two weeks have doubled in several counties** and hospitalizations have increased. The transmission is widespread across all age groups.

If we do not act accordingly and take responsibility for our actions, the curve will not flatten, and the hospitals will be overwhelmed with new COVID patients.

We all must remain vigilant and not become complacent!

- **Test and screen everyone** at your jobsite or workplace.
- **Conduct a toolbox talk/tailgate training** on the first day of returning to work, and weekly thereafter, to explain the protective measures in place for all workers
- **Mask up**, covering both your mouth and nose when around others.
- **Clean your hands often**, either with soap and water for 20 seconds or a hand sanitizer that contains at least 60% alcohol.
- **Maintain social distancing** during breaks and meal periods.
- Check barriers to make sure they have not become ineffective and replace if necessary.
- Replace old [Posters](#) at your workplace.
- Put distance between yourself and other people (at least 6 feet).

- **Clean and disinfect** frequently touched objects and surfaces daily.
- **Do not share tools** and frequently clean shared tools.
- If you are feeling sick, stay home.
- **Do not ride together** in vehicles unless you are in the same household.
- Disinfect high traffic area, motor vehicles, and equipment used by others.
- Inform your employer if you have symptoms so immediate action can be taken to protect others.
- Avoid close contact with people who are sick.

Gathering in groups—even with people we know—may spread COVID-19. The more people we interact with at a gathering and the longer that interaction lasts, the higher the risk of becoming infected. Think seriously about Thanksgiving holiday plans and protect your families.

[Safer Gatherings](#)

According to the Dept. of Health if we cannot change the trajectory moving forward then the state may need to take precautionary measures to slow the transmission rate.

Please be extra vigilant and help stop the spread.